

## How can schools support Social-Emotional Learning and Mental Health?



### Community Connections

- Connect with local system of care
- Connect with local mental health partners to provide school-based resources
- Partner with Big Brothers Big Sisters
- Partner with local out-of-school programs

### Funding Sources

- COVID relief dollars
- Title IV Part A

### Crisis Lines

**24/7 Crisis Line:**  
211

**Suicide Prevention Hotline:**  
800-273-8255

### Staff Training and Resources

- Youth suicide prevention strategies
- ACEs Indiana Coalition (free training)
- Employee Assistance Program (EAP) (will vary by district)
- Indiana Social-Emotional Learning Competencies
- Change the Frequency Resources

### Student Support and Resources

- Increase student-led anti-stigma mental health groups
- Extend student services support throughout the summer (via telehealth)

### Additional Online Resources

- BeWellIndiana.org
- County-based Indiana Mental Health Resource Map
- Tools 2 Thrive Toolkit
- Mental Health Screener\*

*\*This information is to only be used as a resource and does not constitute any requirement or authority for schools to diagnose any mental health conditions.*